

# INSTRUCTIONAL SYSTEMS INC.

## CHILD CARE LEVEL III

### CHAPTER 1 - Personal Hygiene

- Lesson 1 - Clean and Safe Environment
- Lesson 2 - Preventing the Spread of Germs
- Lesson 3 - Sanitizing
- Lesson 4 - Personal Care
- Lesson 5 - Diapering and Toileting
- Lesson 6 - Tooth Brushing
- Lesson 7 - Head Lice
- Lesson 8 - Chapter Review

### CHAPTER 2 - Food Service

- Lesson 1 - Nutrients and Nutrition
- Lesson 2 - The Five Basic Food Groups
- Lesson 3 - Providing Meals
- Lesson 4 - Snacks
- Lesson 5 - Food Poisoning
- Lesson 6 - Special Diets and Food Allergies
- Lesson 7 - Cultural Differences
- Lesson 8 - Chapter Review

### CHAPTER 3 - Play

- Lesson 1 - The Role of Play
- Lesson 2 - Levels of Play
- Lesson 3 - Types of Play
- Lesson 4 - Planning for Play
- Lesson 5 - Selecting Toys
- Lesson 6 - Implications for Caregivers
- Lesson 7 - Chapter Review

### CHAPTER 4 - Guiding Children's Behavior

- Lesson 1 - Preparing the Environment
- Lesson 2 - Encouraging Caring Behavior
- Lesson 3 - Why Children Misbehave
- Lesson 4 - Discipline or Punishment
- Lesson 5 - Guiding Behavior
- Lesson 6 - Special Attention Behaviors
- Lesson 7 - Chapter Review

CHAPTER 5 - Self Help Skills

Lesson 1 - Eating

Lesson 2 - Toileting And Washing

Lesson 3 - Other Self Help Skills

Lesson 4 - Chapter Review

CHAPTER 6 - Special Needs Children

Lesson 1 - Special Needs

Lesson 2 - Accommodations

Lesson 3 - Chapter Review